



Pure Sri Lankan Products  
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**Splendid SEASONS Pvt Ltd**

## Welpenela Capsules

Welpenela is a aurvedic plant.They are believed to help reduce inflammation and relieve pain. It has antioxidant activities and anti-inflammatory activities.

Daily supplementation of Splendid SEASONS welpenela herbal Powder provides plenty of health benefits to the human body. The Splendid SEASONS welpenela leaves powder used to treat Dysentery, Rheumatoid, Arthritis, Back pain and Hernia conditions in Ayurvedic medicine.

<b>Calories</b>	250-270kcal	<b>Fats</b>	1-2%
<b>Fiber</b>	15-18%	<b>Calcium</b>	0.10-0.15%
<b>Magnesium</b>	0.20-0.25%	<b>Potasium</b>	1-1.3%
<b>Vitamin C</b>	0.04-0.06%	<b>Iron</b>	0.01-0.02%

**Ingredient – Dehydrate welpenela powder,gelatin (animal based )**

**Some of Health benefits in short,**

- Anti-bacterial activity
- used to treat Dysentery, Rheumatoid,
- Arthritis, Back pain and Hernia conditions
- antioxidant activities and anti-inflammatory
- May support the Nervous System
- Improve digestive Health

**Reference from research articles- Phytochemical and Nutrient Composition of Fresh and Dried Cardiospermum Halicacabum Leaves**



### Directions to Use for a Healthy Lifestyle:

Take one or two “Splendid SEASONS” welpenela Capsules daily for adults, preferably after a main meal. Welpenela is generally considered safe for most people when taken in appropriate doses. **Especially** for those who are **pregnant, breastfeeding**, or have underlying health conditions, should take health care advice before use.

**Do not exceed 4 capsules per a day.**

Capsule Weight:

Net Weight: 400 ±100 mg

Gross Weight : 500 ±100 mg

**Avoid use if allergic or sensitive to any listed ingredients.**