



Pure Sri Lankan Products
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இலங்கையின் சூரிய உற்பத்திகள்



Turmeric Capsules



Turmeric is a herbaceous plant native to South Asia, known for its use in culinary, cosmetic, and traditional medicine since ancient times. Curcumin (available as curcuminoids) is the main bioactive compound in turmeric and holds most of its medicinal properties. Scientifically proved that Sri Lankan Turmeric has the highest curcumin level in the world.

The Splendid SEASONS Turmeric Powder helps reduce inflammation, arthritis, liver disorders, and high cholesterol. Its antioxidants boost immunity and support digestion, especially aiding conditions like skin health & anti-germ protection.

Its anti-inflammatory effects enhance overall well-being including weight management. Daily supplementation of Splendid SEASONS Turmeric Powder provides plenty of health benefits to the human body.

Curcuminoids	4-6%	Potassium (K)	1-2%
Dietary Fiber	10-15%	Manganese (Mn)	0.5-1%
Iron (Fe)	1-2%	Vitamin B6	0.5-1%
Vitamin C	1-2%	Magnesium (Mg)	0.5-1%

Directions to Use for a Healthy Lifestyle:

Take one "Splendid SEASONS" Turmeric Capsule per day for adults, Before or after a main meal. Pregnant or breastfeeding women should take healthcare advice before use.

Do not exceed 4 capsules per a day.

Some of Health benefits in short,

- Anti-Inflammatory
- Antioxidant
- Joint Health
- Digestive Health
- Heart Health
- Brain Health
- Immune System
- Mood Support



Capsule Weight:

Gross Weight: 400 ±100 mg
Net Weight : 500 ±100 mg

Ingredients: Dehydrated Turmeric Tuber Powder



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