



Pure Sri Lankan Products
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 இலங்கையின் சூரிய உற்பத்திகள்



Bee Honey

Bee Honey is renowned for its unique flavor, natural sweetness, and potential health benefits, making it popular ingredient in culinary and medicinal applications.

Calories	15%	Sodium	0.2%
Protein	0.6%	Potassium	1.5%
Carbohydrates	27%	Calcium	0.6 %
Fiber	1%	Iron	2%

Based on a 2000 calorie diet



Bee Honey for Wellness Health

- Natural sweetener with low Glycemic Index
- Splendid source of enzymes, vitamins and minerals
- Rich in Antioxidants
- Excellent antibacterial and antifungal properties

Tips to Use :

- Warm water + Honey + Lemon juice in the morning can boost metabolism, digestion, and natural energy.
- Supernatural healthy sweetener for Tea, Coffee, Oatmeal, Desserts, and Milk products.
- Natural home remedy for cough, cold relief, digestive health, and skin care
- Dressing agent for foods



Ingredients: Pure Honey from Natural Beehives



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