



Pure Sri Lankan Products
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 இலங்கையின் தூய உற்பத்திகள்



Gluten Free Healthy Pol Roti Mix

Experience the true taste of Splendid SEASONS, a premium Sri Lankan eco-friendly Spice from small rural farmers that enhances their livelihoods.

Serving Size	½ Cup (50g)
Calories	160k
Carbohydrates	68%
Protein	12%
Fiber	4%
Total Fat	2%



Very Easy To Prepare

Mix half a cup (50g) of thr flour mixture with 25ml of water and knead well. Keep the mixture for 10 minutes, make 1 roti and cook on low heat for about 7 minutes and enjoy. No need any ingredients. Water Only.

Ingredients : Rice Flour, Cassava Flour, Scrape Coconuts, Green Chili, Onions, Carrots, Curry Leaves, Salts, Spices



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