



Pure Sri Lankan Products
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 இலங்கையின் சூரிய உற்பத்திகள்



Cinnamon Capsules

Ceylon Cinnamon also known as “True Cinnamon” is a plant native to Sri Lanka, Known for its medicinal properties and long use in traditional medicine since ancient times.

The Splendid SEASONS Ceylon Cinnamon Powder helps reduce blood sugar levels, high cholesterol, inflammation and digestive issues. Its antioxidants boost immunity and support cardiovascular health, aiding conditions like diabetes and gastrointestinal disorders.

Its aromatic and therapeutic effects enhance overall well-being, including mental health, energy levels, mental clarity, and weight management. Daily supplementation of Splendid SEASONS Ceylon Cinnamon powder provides plenty of health benefits to the human body.



Dietary Fiber	53.1%	Manganese (Mn)	17.5%
Polyphenols (Antioxidants)	5-8%	Calcium (Ca)	7.6%
Cinnamaldehyde (active Compound)	1-2%	Iron (Fe)	4.1%
Essential Oils	1-4%	Vitamin K	3.7%

Directions to Use for a Healthy Lifestyle:

Take one or two “Splendid SEASONS” Ceylon Cinnamon Capsules per day for adults, before or after a main meal. Pregnant or breastfeeding women should take healthcare advice before use. **Do not exceed 4 capsules per a day.**

Some of Health benefits in short,

- Blood Sugar Regulation
- Anti-Inflammatory
- Antioxidant
- Heart Health
- Antimicrobial
- Digestive Aid
- Cognitive Function
- Metabolic Boost



Capsule Weight:

Gross Weight: 400 ±100 mg
 Net Weight : 500 ±100 mg

Ingredients: Ceylon Cinnamon Dried Bark Powder



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